

# Packing List



## Clothing

- Running Shoes
- Sandals
- Bathing Suit (Modest Please)
- Socks/Underwear
- Shorts
- Jeans/Pants (For evening campfires/activities)
- Hat for the sun
- Warm sweater/sweatshirt
- Raincoat
- Pajamas
- Towel
- Please ensure all of these items are labelled with the campers full name

## Gear

- Laundry Bag/plastic bag for wet/dirty laundry
- Soap and shampoo
- Toothbrush & toothpaste
- Deodorant
- Brush/comb
- Insect repellent
- Sunscreen (SPF 30 or higher)
- Pillow and Pillowcase
- Sleeping bag

## Items to Leave at Home

- **Food**– Do not send food with your camper. We will provide all meals and snacks so we can control concerns with allergies by using your licensed food suppliers. Any food sent with your child will be discarded
- **Valuables** (money, jewelry, etc)
- **Electronic Items;** (ipods, digital cameras, video games, cell phones, etc) (If brought to camp, these items will be confiscated, held for safe keeping, and returned on Saturday morning.

The following items will be taken away and could result in the camper being sent home without a refund, please **DO NOT** bring to camp.

- Weapons of any kind (i.e. pocket knives)
- Lighters or matches
- Cigarettes
- Drugs
- Alcohol

Medications: Before leaving on the bus for camp, medications must be given to the bus escort, (or to the nurse directly if you are bringing your child to camp). Medications must be properly labeled in a clear ziploc bag. All medications are kept by the nurse for safe storage and proper distribution. Medications will be packed into the campers suitcase on Saturdays.